

## NEWS LETTER

Apr-Sep 2025

### Ortho-One's Shoulder Masters Course 2025



**Aug 10, 2025**

Shoulder pain, though often neglected until it disrupts daily life, took centre stage at the two-day **Shoulder Masters Course 2025**, hosted by Ortho-One Academy at Taj Vivanta, Coimbatore.

The landmark event was graced by 200+ surgeons, fellows, residents, and researchers from India and abroad, featuring 8 live surgeries on cutting-edge procedures like arthroscopic Bankart repair, Latarjet, and rotator cuff repair.

Highlights included:

- Workshops on ultrasound, knot-tying, and anchor placement
- Live surgery demonstrations with real-time discussions
- Academic panels on surgical decision-making and controversies in shoulder care
  - Resident paper presentations & fellowships in Europe and Ortho-One

Dr. David Rajan, Chairman & MD, Ortho-One, emphasized the course's goal: "knowledge, supplemented by real-world skills through an immersive experience."

With global faculty, hands-on learning, and collaborative research, the course reinforced Coimbatore's growing reputation on the international orthopaedic map.

Know More

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## Awards

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### Elets eHealth

#### Healthcare Award

Healthcare Innovation Summit & Awards  
2025 - Excellence in Orthopaedic Care –  
Awarded to Ortho-One on Hyderabad, 17th  
July 2025

### Smart Hospital Award 2025

#### Ortho Excellence

Hospex Healthcare Expo 2025 in Kochi,  
Kerala on 24th Aug 2025



### Economic Times Healthcare Award

for Orthopaedic Surgeon of the Year  
2025 – National level

Dr. David V Rajan. The award was  
received on his behalf by Mr. Sudanand  
Rajan, Director of Ortho-One in New  
Delhi on 5th Sep 2025

Know More

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## Ortho-One 18th Year Annual Day - 2025

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***On September 20, 2025,***

Ortho-One marked its 18th Annual Day, recognizing 18 years of health care excellence in orthopaedics. This milestone is a tribute to the trust of our patients and the dedication of our incredible team. A special thank you to our esteemed Chief Guest, Mrs. Gayathri Arvind, Founder and Managing Director of Abhasa-Rehab & Wellness, for gracing the occasion. We look forward to continuing to provide top-tier care for many years to come! Watch our video to catch a glimpse of the celebration.

[See More](#)

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**Sports Science - Student Program**

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*On September 20, 2025,*

Ortho-One conducted a 5-day Sports Science Study Visit Program for KCLAS students from September 22nd to 26th, 2025. The sessions were led by Dr. Emil and Dr. Aravind, focusing on practical learning and clinical exposure. The program offered valuable insights into applied sports medicine and rehabilitation practices.

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## Outreach Medical Camps

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**Apr - 2025**

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**Youth U-16  
Boys State Basketball  
Championship**



**Podanur Veterans Football  
Club – “Prime Minister’s  
Trophy”**



**AIFF – FC Madras  
“Emerging Stars  
League”**



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**Health Awareness Session at Blue Yonder : Health Awareness Talk on Health, Fitness, and Posture for the IT professionals of Blue Yonder.**



**Sports Injury Awareness Session –  
First Kick School of Soccer**

**Kabaddi Trails Selection –  
Ratnam Academy of Sports**



## May - 2025

**HSI Membership Program Orientation  
– Rifle Club**

**All India Basketball Tournament 2025 –  
Sports Injury Awareness Talk**



## **Medical Health Checkup & Fitness Session to SLB, Tidel Park**

Medical health Checkup for 200 Staffs and practical fitness session for ~40 staffs



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**June - 2025**

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**YiPL Cricket Player Awareness & Fitness Session**

**An awareness talk and practical fitness session for ~40 on June 22, 2025,  
at KCT College Grounds.**



**Awareness Session at SDAT Hostel**

June 28, 2025.



Sports Medicine Support | All India Basketball  
Tournament 2025

Sports Medicine Partner | Navakodi Memorial  
Basketball Tournament

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## July - 2025

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Titans Cricket Club Triumphs at Kovai  
Corporates League (KCL) 2025 | Kathir  
College of Engineering

CBSE Cluster VI Football 11's Tournament  
2025-26 Sports Medical Camp | Rathinam  
Techzone



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## Aug - 2025

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JK Tyres Car Racing Tournament 2025:  
Expert Sports Medical Support at Kari Motors

Ortho Medical Check-up Camp for Civil  
Engineering Association | Jenny's Residency  
2025



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Ortho One Provides Sports Medical Support  
for Sports Hive Event at Nava India 2025



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## Sep - 2025

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Ortho One Sports Medical Camp for  
Rally of Coimbatore 2025 at L&T  
Bypass Race Track

Ortho One Sports Medical Camp for Indian Para  
Cricket League (IPCL) 2025

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Ortho One Sports Medical Camp for Yi SRTN  
Regional Pickleball Championship 2025

Sports Medical Camp for JK Tyre  
Motorsport Car Racing Event 2025

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