

Ortho-One Orthopaedic Specialty Centre

April – June 2023 Newsletter updates

Ortho-One Academy presents Series 1 Symposia



Ortho-One Orthopaedic Specialty Centre, under its academic wing, Ortho-One Academy, conducted Series 1 Symposia (S1S) on May 27 and 28, 2023 at Taj Vivanta, Coimbatore. The Conference drove into Basic to Advanced Rotator cuff tear management on Day 1, and Overhead Athletic Injuries, Prevention and management techniques on Day 2. Workshops, live surgeries and demo stations were led by experienced orthopedic surgeons from India, France and Nepal. More than 300 delegates from Germany, Uzbekistan and other Indian states attended the conference and made it a grand success.



Ortho-One Academy, which aims to assist Indian Orthopaedic surgeons in mastering the finer parts of surgery, was formally inaugurated by Commissioner of Police for Coimbatore, V. Balakrishnan. Vipin Vijay, CEO of Ayur Vaidya Pharmacy Coimbatore, and G E Sridharan, National coach of the Indian volleyball team, graced the occasion.

Welcoming the delegates, Dr. David V Rajan, the Organising Chairman of Series 1 Symposia, emphasized that 'Prevention is better than Treatment.' He further emphasized on the importance of Physical trainers being the bridge between Sports Medicine Doctors and athletes, and also emphasised the importance of injury prevention by appreciating the effort and idea of the event to collaborate the multiple forces of Sports medicine, comprising Sports Medicine Doctors, athletic coaches, physical trainers, and physiotherapists, so as to prevent sports injuries and to help revive their careers, post injury.

Dr. Shyam Sundar, Organising secretary of Series 1 Symposia and Consultant at Ortho-One, explained the institute's vision of spreading awareness about sports science up to the grassroots.

Ortho-One Academy plans to conduct a

Spine Rehab Symposium on 30th July, 2023. More updates on the event will be shared shortly.

Sports On-field Injury support activities

Ooty Ultra Marathon



Kay's fit Academy organized the **Ooty Ultra Marathon** on the 2nd April, 2023 at the Tea Garden, Ooty. More than 1,100 participants were part of the event. Ortho-One Orthopaedic Specialty Centre served as the Sports health partner providing physiotherapeutic assistance and injury support services to the runners post the marathon. Special thanks and appreciation to the medical team for their dedication and active participation in the event.

National Motorcycle Racing Championship



National Level Motorcycle Racing Championship - 2023 was organized by MRF

Ortho-One Orthopaedic Specialty Centre served as the Sports Medicine Partner and

Tyres, India (Madras Rubber factory) from 2nd to 4th of May, 2023 at Kari motors, Chettipalayam, Coimbatore. Around 100 participants took part in the event.

first aid was given to the injured motorcyclists. Appreciation goes out to our committed and dedicated medical team for their everlasting support and their volunteer work.

Football Tournament at Pothanur



The Pothanur Sports Club presented the **Asian Football Confederation's 10th Grassroots Football Tournament** on the 6th and 7th of May, 2023, at the Sports Arena, Pothanur.

Ortho-One Orthopaedic Specialty Centre had been the Sports medicine partner and rendered Sports injury support to the young and fierce athletes. Dr. Chetan, Ortho-One, presented the best player award, at the tournament. Kudos and appreciation to the Doctors, Nurses, Physiotherapists, Public relations officer, and Drivers for their wonderful team spirit and active engagement in the event.



National level Basketball Tournament



The **All India Men's and Women's Basketball Tournament** was organized by YMCA Basketball Club from May 30 to June 1, 2023 at Nehru Stadium, Coimbatore. More than 35 teams between the age group 14 to 40 years participated in the event.



Ortho-One Orthopaedic Specialty Centre delivered On-field injury support during the Tournament and aided the players to perform seamlessly. Special thanks and appreciation to the Medical team for their active partaking in the event.



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