

Ortho-One Orthopaedic Specialty Centre

Newsletter updates January - June 2024

Inauguration of 'HALT SPORTS INJURIES' Moment



Ortho-One officially launched Halt Sports Injuries (HSI) during the Athletic Knee Conference on June 16th, 2024. Led by India's first Olympic gold medalist, Mr. Abhinav Bindra, HSI is dedicated to preventing sports injuries, enabling athletes to perform at their peak while minimizing the risk of injury related setbacks.

Aging Knee Symposium 2024: Highlights and Innovations



The 3-day Series 4 Symposium at The Residency Towers was a major success, drawing over 250 doctors from across India. Held from June 14th to 16th, the event featured leading orthopaedic surgeons and professors, who led engaging discussions, hands-on workshops and live demonstrations.

Highlights included a focus on minimally invasive surgeries and advanced training aimed at elevating doctors' expertise in sports medicine and orthopaedic care.

Athletic Knee Workshop: A Dynamic Success with Expert Coaching



The Athletic Knee Workshop on June 15th, organized by Ortho-One Orthopaedic Speciality Centre, was a high-energy, hands-on experience! Athletes had the unique opportunity to train under Hermen Liebenberg, the celebrity Strength and conditioning coach, Pilates instructor and founder of Sportfit(South Africa). From boosting explosive

strength to mastering injury prevention techniques, participants received personalized coaching tailored to their needs.

Revitalizing Aging Knees: Expert Workshops for Enhanced Mobility & Quality of Life



On 14th June 2024, Ortho-One Orthopaedic Speciality Centre successfully conducted six workshops on managing aging knees, providing valuable insights and practical solutions for our patients. These sessions aimed to enhance mobility and improve the quality of life through expert guidance and interactive discussions.

Yet Another Feather in the Cap; Ortho-One Honored with Best Single Specialty Hospital' Award at AHPICON 2024



Ortho-One Orthopaedic Specialty Centre is honored to receive the Best Single Specialty Hospital Award at AHPICON 2024, organized by the Association of Healthcare Providers India (AHPI) on June 15th, 2024. The award was presented at the Courtyard by Marriott in Madurai during the one-day conference focusing on sustainability in healthcare.

Honoring Our Healthcare Heroes: A Prestigious Doctors' Day Celebration



On March 30, 2024, Doctors' Day we honored our incredible orthopaedic surgeons and specialists for their dedication and exceptional care.

Their expertise and compassion in treating musculoskeletal conditions is truly inspiring. It's an honor to have such a

talented group making a difference every day. Thank you for your untiring work.

Empowering Women: Celebrating Strength and Creativity with the Ortho-One Team



Vibrant celebrations marked 'Women's Day' festivities at Ortho-One Orthopaedic Speciality Centre on March 16th, 2024. On this special day, our team came together to honor the incredible women who make a difference in our lives, both inside and outside the hospital.

The series of engaging games and activities organized on the occasion, created a lively and joyful atmosphere throughout our premises. We also recognized our dedicated employees with a prize distribution ceremony. It was a memorable day filled with laughter and camaraderie.



Ortho-One Orthopaedic Speciality Centre

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